



# ADDICTION & RECOVERY

At CCV, we believe you can experience new life through Christ. Jesus offers victory over sin and brings healing and restoration into areas once marked by failure and defeat. As you become rooted in scripture and relationship with others, you will find lasting freedom, integrity, and purity.

## *Biblical Foundation*

2 Corinthians 5:17 | Galatians 2:20 |  
Philippians 3:13-14

## ADDICTION AND RECOVERY

### The Dunamis Effect: When your higher power is Jesus

*Don Middleton*

The Dunamis Effect seeks to follow God's will in helping Christians recognize their ego-driven false self, which has isolated them from others and changed their brains both chemically and structurally. This is a book and workbook combo and is a recommended CCV Group Curriculum.

### Life Recovery Bible

### Life Recovery Workbook

*Stephen Arterburn*

By placing the 12 steps of recovery into a firm biblical context, the workbook brings scriptural principles into personal focus. Far more than just teaching about the 12 steps, the workbook is a guide to an in-depth working of the steps, making the principles of recovery come alive for "one day at a time" living. This is a recommended CCV Group Curriculum.

### Changes That Heal

*Henry Cloud*

Dr. Cloud takes the reader step-by-step through the four basic tasks of becoming mature image bearers of God: Bonding to others - Separating from others - Sorting out good and bad in ourselves and others - Becoming an adult -- Dr. Cloud not only explains and describes each task, he also identifies the problems that result when we fail to accomplish that task, and he shows us what changes to make in our lives in order to bring about healing.

### You Can Change

*Tim Chester*

## CCV RESOURCES

### *Messages*

To watch one or more CCV Messages that relate to this topic:

[Overcome >](#)

[Let's Talk About It >](#)

### *Talk to Someone*

Get connected in a CCV Group to become engaged in a community that can support you through life's ups and downs.

[Get Connected! >](#)

We can connect you to a local Christian licensed counselor that specializes in treating those struggling with addiction.

[Talk to Someone! >](#)

This book helps understand God's transforming power for changing our sinful behaviors and negative emotions by taking a deeper look into what we need to change and Biblical strategies for changing those behaviors, as well as strengthening our faith.

### **Ending the Crisis: Mayo Clinic's Guide to Opioid Addiction and Safe Opioid Use**

*Dr. Holly Geyer*

Developed by trusted Mayo Clinic experts, this empowering and accessible book contains vital information about opioids and addiction, as well as practical tools for recovery and impactful personal stories from those who's lived through the experience.

### **Addiction and Recovery Handbook: Unmask Addiction, Unleash Recovery!**

*Jack Alan Levine*

Author Jack Alan Levine has put together an all-encompassing, never-before-seen compilation of addiction recovery opinions, ideas, and principles based on the real-life experience of addiction professionals and experts. The book details what has worked and what hasn't, providing all the information you need to make intelligent decisions regarding your personal struggle or a loved one's struggle with addiction and, more importantly, with recovery.

### **When Godly People Do Ungodly Things**

*Beth Moore*

The seduction of God's people by the deceiver is a tale as old as the garden, but we are always surprised when it happens. We must realize that Satan is a lion on the prowl and we are his prey. Delivering dire warnings to Christians to safeguard themselves against Satan's attacks. Beth fears that often God is far more merciful than the body of Christ is with the deeply repentant and those desperate to find their way home. This book will be a guide to authentic repentance and restoration for those trapped in sin or for those seeking to better understand how such entanglement can take place.

## **OTHER RESOURCES**

For Detox, Residential Treatment, or Intensive Outpatient resources, the Valley has many options. One recommended is:

**Holdfast Recovery Treatment Center >**

For an online resource for those struggling with alcohol addiction

**Alcoholics Anonymous >**

### *Loved Ones*

Resources for parents and families dealing with a family member's addiction.

**Parents of Addicted Loved Ones >**

### *Additional Resources*

From the words of an addiction counselor...

**Click Here >**