

# SEX AND SEXUALITY

At CCV, we believe through following God's plans and purposes for sex & sexuality, you can bring greater intimacy and passion into your marriage. Sex can easily become distorted and far from the way God intended the purpose and intent to be. Through a relationship with Jesus, rooted in scripture, we believe that you can find lasting freedom, integrity and purity.

## BIBLICAL FOUNDATION

- 2 Corinthians 5:17
- Galatians 2:20
- Philippians 3:13-14



## CCV RESOURCES

Take the [Sexual Addiction Assessment](#).

To watch one or more CCV Series' that relate to this topic:

[OVERCOME](#)

[DAVID](#)

[TIMELESS](#)

Create a free account with [RightNow Media](#) for an extensive library of Bible study videos dealing with topics like sex and sexuality, marriage, recovery and more!

Get connected in a [CCV Group](#) to become engaged in a community that can support you through life's ups and downs.

## PORNOGRAPHY

### [Clean](#)

*Doug Weiss*

Every Christian man is born into a sexual war. The enemy attacks the young, hoping to scar them permanently and leave them ruined. But your past is not enough to keep you from the enduringly clean life you want and deserve.

### [Unwanted](#)

*Jay Stringer*

When we pay attention to our unwanted sexual desires and identify the unique reasons that trigger them, the path of healing is revealed. Although many of us feel ashamed and unwanted after years of sexual brokenness, the book invites the reader to see that behavior as the very location God can most powerfully work in their lives.

### [Worthy of Her Trust](#)

*Jason Martinkus*

Jason Martinkus relates how he repaired his own marriage after revelations of sexual addiction. Along with Stephen Arterburn, Jason offers exercises and tools rooted in counseling principles to help your marriage begin again.

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## ONLINE RESOURCES

Create a free account with [RightNow Media](#) for an extensive library of Bible study videos dealing with topics like sex and sexuality, marriage, recovery and more!

Websites offering device accountability for adults:

[Covenant Eyes](#)  
[Ever Accountable](#)

Learn more about protecting your kids from stumbling into inappropriate websites using [Disney Circle](#).

## PORNOGRAPHY

### [Sex Spiral](#)

*Dustin Daniels*

This book provides a plan to experience not only the forgiveness of Jesus Christ, but also the freedom He promises— specifically from lust. The Sex Spiral will teach you God's design for sexuality, the triggers that lead to porn addiction, and most importantly how to exit the Sex Spiral itself with a purity plan for your life.

## HOMOSEXUALITY

### [Same Sex Marriage](#)

*Sean McDowell*

How do those who follow Christ faithfully answer the standard talking points for same-sex marriage? And how can they best articulate the case for one-man, one-woman marriage in everyday conversation? These questions are answered in this book, not with a contentious attitude towards those who believe in same-sex marriage, but with a perspective that is faithful to Christ, committed to truth, and shaped by a love for God and others.

### [Culture Shock](#)

*Chip Ingram*

This book helps Christians understand and communicate God's truth about controversial and polarizing issues such as homosexuality, abortion, sexuality and politics. In the pages of this book, believers will be led to develop convictions based on research, reason, and biblical truth—and be willing to communicate these convictions with a love and respect that reflects God's own heart.

## SEXUAL ENRICHMENT

### [The Gift of Sex](#)

*Clifford & Joyce Penner*

Clifford and Joyce Penner, clinical therapist and nurse, have written a sensitive and forthright guide to understanding sexuality and how it fits into God's design for marriage. Featuring a section on internet addictions and a timely discussion on sexually transmitted diseases and their consequences. This book is ideal whether you are newlyweds or have been married for many years.

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## **Sheet Music**

*Kevin Leman*

With his characteristic warmth and humor, Dr. Kevin Leman offers a practical guide to sex according to God's plan. This frank and practical book is a perfect resource for married and engaged couples. Dr. Leman addresses a wide spectrum of people, from those with no sexual experiences to those with past sexual problems or even abuse. This book will help couples overcome awkwardness in discussing an issue important to all married couples.

## **The Naked Truth About Sex & Marriage**

*Dave & Ashley Willis*

In this book, Dave and Ashley Willis unpack timeless Biblical principles, powerful true stories from married couples, cutting-edge research and findings from their own interactions with thousands of couples to reveal the keys to a marriage with true intimacy, passionate sex and lifelong love.

## **Crazy Good Sex**

*Les Parrott*

Psychologist Dr. Les Parrott reveals the truth about six areas that can undermine a man's confidence, damage his marriage, and leave him struggling unnecessarily with temptation.